



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

TRAINED TO SAVE LIVES

Lifeguard Certification Course (10 Participants Max) NEW BRITAIN-BERLIN YMCA

WHEN: Tuesday, July 24th – 9AM-5PM (Pre-test*)
Wednesday, July 25th – 9AM-5PM
Thursday, July 26th – 9AM-5PM
Friday, July 27th – 9AM-5PM
(MUST ATTEND ALL CLASSES)

PRICE: Members- \$275
Program Members- \$300
Non-Members- \$350
(MUST BE 15 YEARS OLD TO PARTICIPATE)

LOCATION: NEW BRITAIN-BERLIN YMCA
50 High Street
New Britain, CT 06051
860-229-3787

***PRE-TEST:** ALL PARTICIPANTS MUST PASS TO PARTICIPATE IN COURSE.

Swim 300 yards (12 laps) continuously on front, tread water for 2 minutes using legs only, and complete a timed event within 1 minute 40 seconds (surface dive to retrieve a 10lb object).

